DURATION: 90 minutes

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Personal & Social Well-being (Life Skills 1) – Grade 5

Welcome to your Conquesta Olympiad. When you have decided which of the answers is correct, scratch out the letter in the matching square on your answer sheet using **ONLY** a **black or blue ballpoint or black khoki pen**. (Do not use pencils, crayons, pencil crayons, highlighters, tippex or glue.) If the answer to question 4 is c, then scratch out the letter c in the square containing c next to the number 4 (see example 1 below). If you've made a mistake and b should have been the answer, neatly cross out the mistake and then scratch out b (see example 2 below).

Example 1:-

Example 2:-

Camping

Camping is one way to enjoy a holiday and be outdoors. What should you be looking for when you reach a campsite?

Firstly, look for relatively high, level ground. There is some truth in the saying 'high and dry'. Choose a spot to set up your tent where it is elevated from the ground around it. In a storm, rain will flow away from your tent, so avoid campsites in low areas. You should never set up your tent on a slope, or you'll find yourself rolling out of your sleeping bag all night.

Check for a water source nearby. Water is of prime importance when camping. Find a good area for cooking. Don't ever cook in your tent. Most campsites have a grill and picnic table. Never leave a campfire burning if you go elsewhere.

Select another area for cleaning. Campgrounds usually have cleaning stations and water taps. Don't use bathrooms to wash your dishes. Don't kill the flora with hot, soapy water. Use biodegradable soap, and only dump dirty water in designated areas or where it will cause no harm.

Locate the rubbish bins. Always keep a clean campsite. Collect all litter and keep it gathered away from your tent.

Pick a campsite with some shade. It's essential to have a shady spot to relax in during the heat of the day. But as a word of caution, don't set your tent up under trees when it's likely to rain. Not only are you a target for lightening strikes, but you'll also get rained on long after the storm has subsided.

Camping is beneficial since it

- (a) is an exciting adventure.
- (b) does not have to be an expensive holiday.
- (c) is healthy to be outdoors.
- (d) could be all of the above.

Match up the reasons in (a) – (d) to the statements at questions 2 - 5.

- (a) This is a basic essential for cooking and cleaning.
- (b) This deters an onset of insects invading your campsite.
- (c) This ensures that rain water will not fall on your tent after a storm has stopped.
- (d) This ensures that rain water will not flow under your tent.
- 2. Do not erect your tent under a tree.
- 3. Place your tent on elevated ground.
- Keep your campsite litter free.
- 5. Try and get near to a water source.

6. What does the word 'flora' refer to?

(a) animals

(b) plants

(c) wildlife

(d) earth

7. Biodegradable soap means that the soap is

(a) environmentally friendly.

(b) ecologically challenging.

(c) recyclable.

(d) dissolvable.

Pitching a Tent

One of the first things to do is to roll out the ground cloth in order to prevent rain from getting in the tent, pull the tent to each of the four corners to be stretched out. Insert the tent poles and then hammer stakes into the ground.

What is the first thing you should do before pitching a tent?

- (a) Roll out the ground sheet.
- (b) Find a suitable location.
- (c) Stretch the tent.
- (d) Insert the tent poles.

Which one of these words is not a 'stake'?

(a) peq

(b) pin

(c) pole

(d) porterhouse



